

# Lose and Win



## Announcing the Lose and Win Facilitator Training

Join us to become a Facilitator for the 8-week Lose and Win weight management program.

### Lose and Win facilitators will learn how to:

- ▶ Facilitate the program using five key skills
- ▶ Recruit participants
- ▶ Collect pre and post data
- ▶ Implement the program
- ▶ Access program resources

Plus much more...

Join other co-workers that are also ready to facilitate the program.

### Join us

**Date:**

**Time:**

**Location:**



To sign up, please email:

