



SHBP Quality Corner

Get the Facts on 90-day Prescription Fills

Did you know your prescription plan lets you fill 90-day supplies of your maintenance medications, those drugs you take regularly for ongoing conditions like diabetes, hypertension and asthma?

90-day supplies are better than 30-day supplies for long-term medicine because:

- You're less likely to miss a dose, which can keep you healthier!
- Getting a 90-day supply is more convenient because you don't have to refill as often
- You'll pay less for the same amount of medication! Your copay for one 90-day supply costs less than three copays for 30-day supplies.
- Your prescription can be delivered direct to your door if you fill your 90-day supply through the Express Scripts Pharmacy. Through the Express Scripts Pharmacy you will also:
 - Have access to pharmacists specially trained in the medications that treat certain ongoing conditions, such as diabetes
 - Receive automatic refills and prescription renewals if you choose to enroll in these services

How do I get a 90-day supply of my medicine?

You can get it from a network retail pharmacy that fills 90-day supplies or have the Express Scripts Pharmacy deliver it by calling 877.841.5227, visiting express-scripts.com or downloading the mobile app.

How can I find a participating network retail pharmacy?

It's easy! Log in or register at express-scripts.com, select "Manage Prescriptions," and click "Locate a Pharmacy" to find your closest pharmacy that fills 90-day supplies.

Maximize your benefit today!

90-day fills can help you stay on track with your prescription therapy by:

- Having medication on hand when you need it
- Lowering your overall cost of care
- And helping you avoid downstream health complications

Whether you choose a nearby retail pharmacy or the Express Scripts Pharmacy, we'll work with your doctor to get you set up with a 90-day supply — and there's no additional cost to you.

