



Getting your flu shot takes a few minutes. Recovering from the flu takes a few weeks.



BlueCross BlueShield
of Georgia

Don't let the flu waste your valuable time

**Register now and schedule your flu shot appointment at —
SHBPFluShot.bioiq.com**

You may be tempted to skip getting a flu shot. After all, it can be hard to fit everything into a busy schedule. But the few minutes you spend getting vaccinated now could save you weeks of feeling bad later. The flu can cause fever, chills, headache, aching muscles, sore throat, runny nose and extreme fatigue — making you feel so bad you can't get anything done. Now that's the real time waster.

The State Health Benefit Plan (SHBP) is partnering with Blue Cross and Blue Shield of Georgia (BCBSGa) to provide flu shot clinics. BCBSGa will dispense flu vaccinations to SHBP members and retirees, their covered spouses and children (13 years and older) at no cost.

Visit our appointment scheduling website, SHBPFluShot.bioiq.com to make your appointment today at locations throughout the state.

The few minutes you spend getting an annual flu shot can help reduce your risk of catching the flu and spreading it to family and friends. Protect your health by getting your flu vaccination.

For more information about SHBP sponsored flu shot clinics, contact:

BioIQ Customer Service department at 1-805-308-6036 or send an email to support@bioiq.com.

Please remember to sign up in advance and bring your BCBSGa member ID card on the day of the clinic.