



**STATE HEALTH BENEFIT PLAN (SHBP)
2016 ACTIVE EMPLOYEE NON-TOBACCO USERS SURCHARGE POLICY FOR
BLUE CROSS AND BLUE SHIELD OF GEORGIA (BCBSGa)
AND
UNITEDHEALTHCARE MEMBERS**

**It takes 6 to 8 weeks to complete the requirements for surcharge removal.
You must complete the Healthways Well Being Assessment and a telephonic well-being
coaching program or any online tracking by December 15, 2016.**

This policy applies to BCBSGa and UnitedHealthcare members who are not tobacco users and are paying the tobacco surcharge due to an error in their election during enrollment. This policy allows the tobacco surcharge to be removed by completing the Tobacco Surcharge Removal Requirements.

The surcharge (\$80 per month) applies if the member or any of the member's enrolled dependents are not tobacco-free or do not complete the coaching program.

BCBSGa and UnitedHealthcare Members who are not tobacco users may have their tobacco surcharge removed by completing the Tobacco Surcharge Removal Requirements through their well-being vendor Healthways as outlined below.

If you and your enrolled dependents complete the Tobacco Surcharge Removal Requirements, you will be able to avoid the surcharge for the entire year. This means that any surcharge paid prior to completion of the Tobacco Surcharge Removal Requirements may be refunded after the completion of all Tobacco Surcharge Removal Requirements. All Tobacco Surcharge Removal Requirements must be completed in 2016.

Tobacco Surcharge Removal Requirements

The following steps are for SHBP members covered under BCBSGa and UnitedHealthcare Plan Options ONLY and will not satisfy surcharge removal requirements for members enrolled in other Plan Options.

If you are not a tobacco user and are paying the tobacco surcharge due to an error in your election during enrollment, you must:

1. Complete the online Healthways Well-Being Assessment between January 1 and December 15, 2016 at BeWellSHBP.com by clicking "Take My Well-Being Assessment" to begin.
2. Complete a telephonic well-being coaching program through Healthways by calling: 888-616-6411 to enroll **OR** perform **two online** well-being activities within a calendar month. You must login and record in each of the two trackers a minimum of five times. For example, track exercise 5 times within a calendar month **and** track food 5 times within a separate calendar month.



3. Once you have completed Steps 1 and 2 above, call Healthways at 888-616-6411, select the coaching option, and notify them that you have completed the Tobacco Surcharge Removal Requirements and request a Letter of Completion to retain for your records.

If you think you might be unable to complete the Tobacco Surcharge Removal Requirements, you might qualify for an opportunity to avoid the tobacco surcharge by different means. Contact Healthways at 888-616-6411 and we will work with you (and, if you wish, with your doctor) to find a well-being program with the same reward that is right for you in light of your health status.