



# Children's Mental Health Services



**Presented to:** House Children's Mental Health Study Committee

**Presented by:** Marcey Alter, Assistant Chief  
Medicaid



# Mission

## The Georgia Department of Community Health

We will provide access to affordable, quality health care to Georgians through effective planning, purchasing and oversight.

*We are dedicated to a healthy Georgia.*

# Agenda

- Medicaid State Plan Services
  - Community Behavioral Health Services
  - Children’s Intervention Services and School Services
  - Other Services
- Community Based Alternatives for Youth (CBAY)
  - Care Management Entity (CME)
- CHIPRA Grant
- Early Periodic Screening Diagnosis and Treatment
- Select Data

# State Plan Services

- Children's mental health services are made available by the Medicaid State Plan through multiple programs:
  - Psychology Program (COS 570)
  - Physician/Psychiatric Services (COS 430)
  - Licensed Clinical Social Worker Services (COS 820)/Medicare Only
  - Psychiatric Residential Treatment Facility (COS 020)
  - Children's Intervention Services (COS 840)
  - Children's Intervention School Services (COS 960)
  - **Community Behavioral Health Rehabilitation Services (COS 440)**
    - **Primary** vehicle for mental health services to children and adults



# Community Behavioral Health State Plan Services

## Services Summary

- Mental Health Assessment
- Diagnostic Assessment
- Service Plan Development
- Crisis Intervention
- Psychiatric Treatment
- Pharmacological Mgt
- Nursing Assessment/Care
- Health & Behavior Assess
- Individual Outpatient
- Family Outpatient
- Individual Psychotherapy
- Family Psychotherapy
- Family Skills Training & Dev
- Group Outpatient
- Group Psychotherapy
- Group Skills Training & Dev
- **Intensive Family Intervention**
- Medication Administration
- Psychosocial Rehabilitation
- **Community Support Services**
- Assertive Community Treatment
- Peer Supports (18+)



# Children's Intervention Services (CIS)

- CIS
- CISS (Children's Intervention School Services)
- Covered Services:
  - Speech Therapy
  - Occupational Therapy
  - Physical Therapy
  - Auditory Services
  - Nutrition Services
  - Counseling Services
  - Nursing Services

# Other Medicaid Children's Services

- Psychology Services
- Dental Services
- Optometry Services

# Children's Mental Health Services

## Other Children's Mental Health Initiatives





# Community Based Alternatives for Youth (CBAY)

- CBAY, originally a 5 year demonstration project funded by CMS to improve community-based services for children who have been diagnosed with a serious emotional and behavioral disturbance (SED).
- Provides Intensive Customized Care Coordination through Care Management Entities (CMEs)
- Services include behavioral assistance, clinical consultative services, respite, supported employment, community transition, customized goods and services, expressive clinical services, family and youth peer support, financial support, and transportation



# Community Based Alternatives for Youth (CBAY)

CBAY continues post demonstration through two DCH programs since October 2012

- Money Follows the Person (MFP)
- Balancing Incentive Payment Program (BIPP)

- CBAY Utilization

- 813 youth served
- Over \$30 million (federal grant funds\*)

\*Under MFP/BIPP, DBHDD pays state share)

# CHIPRA Grant

CHIPRA Grant -- Funded through the CMS Children's Health Insurance Program Reauthorization Act

- Three-state learning collaborative (Maryland, Georgia, Wyoming) all working toward implementing or enhancing access to Care Management Entity services
- DBHDD, DCH and all child-serving agencies
- 5 year grant in it's last year
- Georgia's goal: to expand access to CMEs
- Expanded to Georgia Families 360° (August 2015)



# Early Periodic Screening, Diagnostic and Treatment

- Early and Periodic Screening, Diagnostic and Treatment
  - Early- Assessing and identifying problems early
  - Periodic- Checking children's health at age-appropriate intervals
  - Screening- Providing physical, mental, developmental, dental, hearing, vision and other screening tests to detect potential problems
  - Diagnostic- Performing diagnostic tests to follow up when a health risk is identified
  - Treatment- Correct, reduce or control health problems found



# Early Periodic Screening, Diagnostic and Treatment

- Medicaid programs are mandated to use the EPSDT benefit to improve the health of low-income children with special physical, emotional, and developmental health care needs.
- This benefit supports children and youth with special health care needs by ensuring they receive individualized health care when they need it—provided those services are deemed medically necessary.

## ➤ **Medically necessary**

- Generally treatment required to correct or ameliorate a condition
- Case-by-case basis
- Individualized
- Medical Management Contractor
- Hearing rights



# Early Periodic Screening, Diagnostic and Treatment

**Per Section 1905(r) of the Social Security Act, the EPSDT benefit allows for the following screening, diagnostic and treatment services:**

- **Screening Services**
- **Diagnostic Services**
- **Vision Services**
- **Dental Services**
- **Hearing Services**
- **Other Necessary Health Care Services**



# Children's Mental Health Data

- **Total Enrollment as of October 2015 (age <21)**
  - **FFS: 133,359** (CMO: 1,171,791)

FY15 Programs	Member Count	Expenditure	
Behavioral Health	68,875	\$	42,422,884
CBAY	88	\$	223,970
Psychology	10,588	\$	4,077,434

# Children's Intervention Services Data

Children's Intervention Services	
Service Type	Net Payment
Audiology	133,479.85
Counseling	25,297.11
Nutrition	4,394.56
OT	792,894.46
OT / ST	1,837,358.11
PT	6,348,438.60
PT / OT	6,595,361.01
ST	18,886,328.10
ST & Audiology	40,235.41
<b>Grand Total</b>	<b>\$34,663,787.21</b>

Children's Intervention School Services	
Service Type	Net Payment
Audiology	650.33
Nursing	366,904.57
OT	29,358.60
PT	179,169.87
PT / OT	1,245,888.50
ST	10,511,978.68
ST / Audiology	215.65
ST / OT	43,654.13
<b>Grand Total</b>	<b>\$12,377,820.33</b>





# Pharmacy Services Data

## FY15 Drug Utilization - Top 20

Ages	Type	Rx Count	Cost
0-3	No BH Drug Utilization Observed	--	--
4-12	<b><u>BH – 7 of 20</u></b> ADHD (4) Atypical Anti-Psychotic (3)	134,057	\$13,216,022
13-18	<b><u>BH – 10 of 20</u></b> ADHD (3)                      Sleep/Calm (1) Anti-Depress (3)            Anti-psychotic (2) Bipolar (1)	101,571	\$8,489,974
19-21	<b><u>BH – 7 of 20</u></b> Anti-Depress (2)            Off Label (2) Anti Psychotic (2)        ADHD (1) Bipolar (1)	23,965	\$855,183



# Children's Mental Health – DCH Programs

