Children’s Mental Health Services

Presented to: House Children’s Mental Health Study Committee
Presented by: Marcey Alter, Assistant Chief Medicaid

October 20, 2015
Mission

The Georgia Department of Community Health
We will provide access to affordable, quality health care to Georgians through effective planning, purchasing and oversight.

We are dedicated to a healthy Georgia.
Agenda

• Medicaid State Plan Services
  – Community Behavioral Health Services
  – Children’s Intervention Services and School Services
  – Other Services

• Community Based Alternatives for Youth (CBAY)
  – Care Management Entity (CME)

• CHIPRA Grant

• Early Periodic Screening Diagnosis and Treatment

• Select Data
State Plan Services

- Children’s mental health services are made available by the Medicaid State Plan through multiple programs:
  - Psychology Program (COS 570)
  - Physician/Psychiatric Services (COS 430)
  - Licensed Clinical Social Worker Services (COS 820)/Medicare Only
  - Psychiatric Residential Treatment Facility (COS 020)
  - Children’s Intervention Services (COS 840)
  - Children’s Intervention School Services (COS 960)
  - Community Behavioral Health Rehabilitation Services (COS 440)
    - Primary vehicle for mental health services to children and adults
Community Behavioral Health State Plan Services

Services Summary

- Mental Health Assessment
- Diagnostic Assessment
- Service Plan Development
- Crisis Intervention
- Psychiatric Treatment
- Pharmacological Mgt
- Nursing Assessment/Care
- Health & Behavior Assess
- Individual Outpatient
- Family Outpatient
- Individual Psychotherapy
- Family Psychotherapy
- Family Skills Training & Dev
- Group Outpatient
- Group Psychotherapy
- Group Skills Training & Dev
- Intensive Family Intervention
- Medication Administration
- Psychosocial Rehabilitation
- Community Support Services
- Assertive Community Treatment
- Peer Supports (18+)
Children’s Intervention Services (CIS)

• CIS
• CISS (Children’s Intervention School Services)

• Covered Services:
  • Speech Therapy
  • Occupational Therapy
  • Physical Therapy
  • Auditory Services
  • Nutrition Services
  • Counseling Services
  • Nursing Services
Other Medicaid Children’s Services

• Psychology Services
• Dental Services
• Optometry Services
Other Children’s Mental Health Initiatives
CBAY, originally a 5 year demonstration project funded by CMS to improve community-based services for children who have been diagnosed with a serious emotional and behavioral disturbance (SED).

Provides Intensive Customized Care Coordination through Care Management Entities (CMEs)

Services include behavioral assistance, clinical consultative services, respite, supported employment, community transition, customized goods and services, expressive clinical services, family and youth peer support, financial support, and transportation
Community Based Alternatives for Youth (CBAY)

CBAY continues post demonstration through two DCH programs since October 2012

- Money Follows the Person (MFP)
- Balancing Incentive Payment Program (BIPP)

• CBAY Utilization
  • 813 youth served
  • Over $30 million (federal grant funds*)

*Under MFP/BIPP, DBHDD pays state share)
CHIPRA Grant -- Funded through the CMS Children’s Health Insurance Program Reauthorization Act

• Three-state learning collaborative (Maryland, Georgia, Wyoming) all working toward implementing or enhancing access to Care Management Entity services
• DBHDD, DCH and all child-serving agencies
• 5 year grant in it’s last year
• Georgia’s goal: to expand access to CMEs
• Expanded to Georgia Families 360° (August 2015)
Early Periodic Screening, Diagnostic and Treatment

- **Early**- Assessing and identifying problems early

- **Periodic**- Checking children’s health at age-appropriate intervals

- **Screening**- Providing physical, mental, developmental, dental, hearing, vision and other screening tests to detect potential problems

- **Diagnostic**- Performing diagnostic tests to follow up when a health risk is identified

- **Treatment**- Correct, reduce or control health problems found
Early Periodic Screening, Diagnostic and Treatment

- Medicaid programs are mandated to use the EPSDT benefit to improve the health of low-income children with special physical, emotional, and developmental health care needs.
- This benefit supports children and youth with special health care needs by ensuring they receive individualized health care when they need it—provided those services are deemed medically necessary.

➢ Medically necessary
  - Generally treatment required to correct or ameliorate a condition
  - Case-by-case basis
  - Individualized
  - Medical Management Contractor
  - Hearing rights
Early Periodic Screening, Diagnostic and Treatment

Per Section 1905(r) of the Social Security Act, the EPSDT benefit allows for the following screening, diagnostic and treatment services:

- Screening Services
- Diagnostic Services
- Vision Services
- Dental Services
- Hearing Services
- Other Necessary Health Care Services
### Children’s Mental Health Data

- **Total Enrollment as of October 2015 (age <21)**
  - FFS: 133,359 (CMO: 1,171,791)

<table>
<thead>
<tr>
<th>FY15 Programs</th>
<th>Member Count</th>
<th>Expenditure</th>
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<tbody>
<tr>
<td>Behavioral Health</td>
<td>68,875</td>
<td>$42,422,884</td>
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<tr>
<td>CBAY</td>
<td>88</td>
<td>$223,970</td>
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<tr>
<td>Psychology</td>
<td>10,588</td>
<td>$4,077,434</td>
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## Children’s Intervention Services Data

<table>
<thead>
<tr>
<th>Service Type</th>
<th>Net Payment</th>
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<tbody>
<tr>
<td>Audiology</td>
<td>133,479.85</td>
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<tr>
<td>Counseling</td>
<td>25,297.11</td>
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<tr>
<td>Nutrition</td>
<td>4,394.56</td>
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<td>OT</td>
<td>792,894.46</td>
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<tr>
<td>OT / ST</td>
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<td>PT</td>
<td>6,348,438.60</td>
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<td>PT / OT</td>
<td>6,595,361.01</td>
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<tr>
<td>ST</td>
<td>18,886,328.10</td>
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<tr>
<td>ST &amp; Audiology</td>
<td>40,235.41</td>
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<td><strong>Grand Total</strong></td>
<td><strong>$34,663,787.21</strong></td>
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## Children's Intervention School Services

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<th>Service Type</th>
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<tr>
<td>Audiology</td>
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<tr>
<td>Nursing</td>
<td>366,904.57</td>
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<td>OT</td>
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<td>PT</td>
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<td>PT / OT</td>
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<td>ST</td>
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<td>ST / Audiology</td>
<td>215.65</td>
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<td>ST / OT</td>
<td>43,654.13</td>
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<td><strong>Grand Total</strong></td>
<td><strong>$12,377,820.33</strong></td>
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## Pharmacy Services Data
### FY15 Drug Utilization - Top 20

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<tr>
<th>Ages</th>
<th>Type</th>
<th>Rx Count</th>
<th>Cost</th>
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<tr>
<td>0-3</td>
<td>No BH Drug Utilization Observed</td>
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<tr>
<td>4-12</td>
<td><strong>BH – 7 of 20</strong> ADHD (4) Atypical Anti-Psychotic (3)</td>
<td>134,057</td>
<td>$13,216,022</td>
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<td>13-18</td>
<td><strong>BH – 10 of 20</strong> ADHD (3) Anti-Depress (3) Bipolar (1) Sleep/Calm (1) Anti-psychotic (2)</td>
<td>101,571</td>
<td>$8,489,974</td>
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<td>19-21</td>
<td><strong>BH – 7 of 20</strong> Anti-Depress (2) Anti Psychotic (2) Bipolar (1) Off Label (2) ADHD (1)</td>
<td>23,965</td>
<td>$855,183</td>
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