

# **Community Maternal Health Fair - FAQ Sheet**

## **General Information**

**Q:** What is the DCH Community Maternal Health Fair?

A: The Community Maternal Health Fair is an event designed to provide expecting mothers, new parents, and families with valuable information, resources, and support regarding maternal health and well-being.

**Q:** When and where is the health fair taking place?

A: The health fair will be held on Saturday, October 5, 2024, from 10:00 a.m. to 1:00 p.m., at the PARC located at 425 Pennsylvania Avenue, Savannah, GA 31404.

**Q:** Who is the health fair for?

A: The health fair is open to all community members, particularly expecting mothers, new parents, families, and anyone interested in maternal health.

**Q**: Why should I attend this event? Or Why does this event matter to me?

A: Accessing accurate health information empowers individuals to take proactive steps toward their health, leading to potential savings on healthcare costs.

This event is an opportunity to access essential information, resources, and support that can help families navigate the journey of pregnancy, childbirth, and early parenthood with confidence. By attending, you'll not only gain the knowledge you need to ensure a healthy and safe pregnancy, but you'll also become part of a community dedicated to lifting each other up and ensuring that every mother and child in Georgia has the best possible start.

#### **Information and Activities**

**Q:** What types of information and activities will be available at the health fair?

**A:** The health fair will feature a variety of information and activities, including:

- Health screenings (blood pressure, glucose levels, etc.)
- Informational booths from local healthcare providers and organizations
- Educational workshops and seminars on topics such as prenatal care, nutrition, breastfeeding, and postpartum depression
- Fitness demonstrations and prenatal exercise classes
- Interactive activities for children and families
- Giveaways and raffles for infant and maternal health items such as car seats, strollers, and gift cards!

**Q:** Will there be opportunities to speak with healthcare professionals?

A: Yes, attendees will have the chance to speak with healthcare professionals, including obstetricians, midwives, lactation consultants, and pediatricians, to ask questions and seek advice. Healthy Babies, Heal

## **Registration and Attendance**

**Q:** Is registration required to attend the health fair?



**A:** Pre-registration is available via the QR code on the flier. If you choose not to pre-register, all attendees will be asked to register via QR code at the event. This registration is not required, but it is encouraged to help DCH collect event details and plan for future events.

**Q:** Is there a cost to attend the health fair?

A: The health fair is free to attend.

#### **Additional Information**

**Q:** Will there be food and refreshments available?

**A:** Yes, there will be healthy snacks and refreshments available for attendees. Some food vendors may also be present at the event.

**Q:** How can I find out more information about the health fair?

**A:** For more information, visit <u>Healthcare Accessibility | Georgia Department of Community Health</u> or contact DCH at cpi.questions@dch.ga.gov.

## **Location General Information**

**Q:** What is the Pennsylvania Avenue Resource Center (PARC)?

**A:** The Pennsylvania Avenue Resource Center (PARC) is a community hub in Savannah, GA, offering various resources and services to residents, including educational programs, recreational activities, and community events.

**Q:** Where is PARC located?

**A:** PARC is located at 425 Pennsylvania Avenue, Savannah, GA 31404. The PARC is on the local bus route, with a stop right out front.

**Q:** What are the hours of operation?

**A:** PARC is open Monday through Friday from 9:00 AM to 8:00 PM and Saturday from 10:00 AM to 4:00 PM. The center is closed on Sundays and public holidays.

**Q:** How can I contact PARC for more information?

**A:** You can contact PARC by phone at (912) 555-1234 or by email at info@parc-savannah.org. You can also visit their website at www.parc-savannah.org for more details.

