# **Appling HealthCare System**

Improve Bural

2016 Rural Hospital Stabilization Committee Presentation

January 7<sup>th</sup>, 2016



## **Appling HealthCare System (AHCS)**

- Serving our community since 1951
- Comprised of:
  - Acute Care Hospital
    - ICU, PCU, Med/Surg
  - Behavioral Health Unit
  - Long Term Care Facility
  - Ambulance Service









## AHCS Cont'd

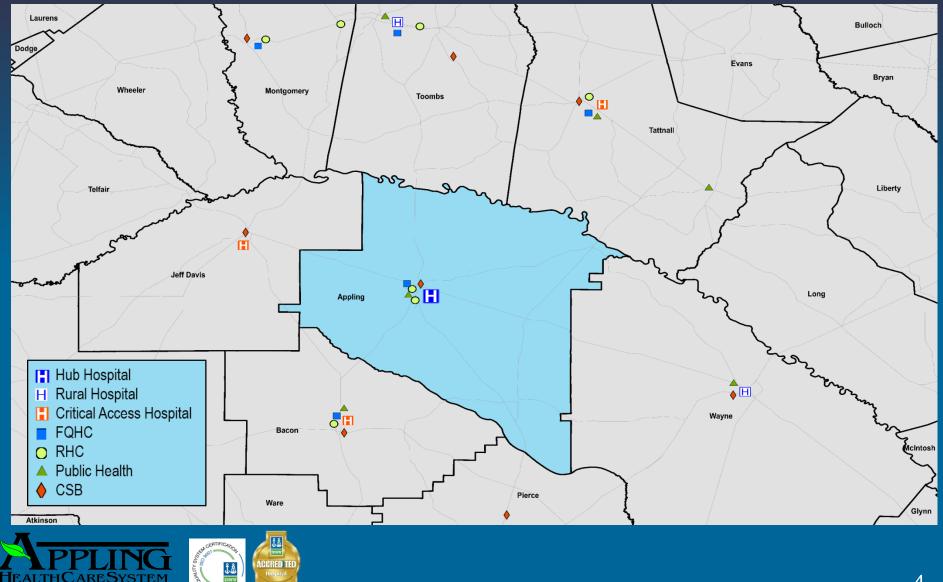
– Rural Health Clinics
– Physician Practice
– Employed Providers
• 2 Pediatricians
• 2 Internal Medicine Providers
• 1 Family Medicine Provider

- 5 Mid-Level Providers
- 3 Hospitalists



## Service Area

CARE CLOSE TO HOME



## **Recent Accomplishments**

- <u>Georgia Trends Magazine 15<sup>th</sup></u>
   <u>highest ranking PPS Hospital for our</u>
   <u>category.</u>
- GHA HEN 2<sup>nd</sup> from the Top, Chairman's Award.
- 4<sup>th</sup> in the State to be designated as a Remote Treatment Stroke Center
- Final survey to achieve Level IV Trauma status by end of Feb. 2016.

## Appling's Service Area Demographics & Disparities

	Georgia	Appling
Population, 2013 estimate	9,992,167	18,440
Chronic Disease Prevention and Control/Healthy Lifestyles		
Percent of Obese Adults (2007)	29%	30.2%
Cancer Incidence Rates per 100,000 (2007- 2011)	472.1	379
Percent of Adults Diagnosed with Diabetes	9.7%	More than 11.1%
Death Rate from All Heart Disease per 100,000 (2008-2010)	361.8-407.5	491.2
Death Rate from Stroke per 100,000 (2008- 2010)	77.2-82.1	130.8



## Appling's Service Area Demographics & Disparities

	Georgia	Appling
FINANCIAL CAPACITY		
Median Household Income (2012)	\$47,125	\$35,757
Persons Below Poverty Level, (2009-2013)	18.2%	22.9%
Percent Change in Consumers Who Don't Have health Insurance, from 2013 to 2014	1.2%	7%
Positive Development for Individuals, Families and Communities		
Percentage of Children Living with a Single Parent (2013)	40%	32.9%
Rate of Substantiated Incidents per 1,000 Children (2012)	7.6	7.2



## Appling's Service Area Demographics & Disparities

	Georgia	Appling
Positive Development for Individuals, Families and Communities Cont'd		
Number of Unrestrained, Crashes Involving Children Over Age 5 (2008)	19.1%	26.1%
Rate of Crashes for Beginning Drivers, age 15-17 (2006)	11,082.2	11,844.7
Pregnancy Rate, Women under 18 (2012)	8.5%	15.4%
Birth Rate, Women under 18 (2012)	6.2%	15.4%
Percent of Births to Unmarried Females (2012)	45%	53.4%



## Appling RHSC Pilot Community Partners

#### • EMS & ER Connectivity Project

- Appling EMS
- Appling HealthCare System ER
- St. Joseph /Candler-Savannah, Ga
- Memorial Hospital-Savannah, Ga
- Meadows Regional Hospital- Vidalia, Ga

#### • School & Hospital Telehealth Project

- Appling County Schools (Appling County Comprehensive High School, Appling County Primary, Appling County Middle School, Altamaha Elementary School, Fourth District)
- Local Providers (Dr. Orly, Internal Medicine, Dr. Johnson, Family Medicine, Dr. Abendan, Pediatrician, Dr. Boatright, Pediatrician, Becky Clark, PA, Melanie Young, FNP)
- WellCare
- Georgia Partnership for Telehealth
- Department of Public Health
- Pineland Mental Health
- Specialist throughout Georgia
- Children's HealthCare of Atlanta



## Appling RHSC Pilot Community Partners Cont'd

#### Occupational Medicine

- Local Businesses and Industry
- Appling Health Department
- Pineland Mental Health
- Appling Rehabilitation
- Mid Level Provider
- Effingham Health System

#### • Trauma Level 4

- Appling EMS
- Georgia Level I trauma facilities
  - Memorial University Medical CenterGeorgia Regents- Augusta, GA
  - - Savannah GA
  - Navicent Health- Macon, GA
  - Doctors Hospital of Augusta- August GA



## Appling RHSC Pilot Community Partners Cont'd

- Patient Care Management (PCM)
  - Georgia Department of Public Health
  - Appling County Health Department
  - FQHC- East Georgia Health Centers
  - St Joes/ Candler Hospital- Savannah GA
  - Pineland CSB Mental Health
  - Local Food Bank
  - Concerted Services
  - Appling Family Connections
  - Area Home Health providers

### FQHC-PCMH

- East Georgia Health Center- FQHC
- Georgia Baptist Consolation Southeast Chapter
   "House of Care"

13



## Appling: EMS & ER Connectivity Budget: \$198,730

# Major Resources & Activities:

- Wifi connections & Connectivity between EMS & Hub and Spoke Facilities
- LifePAK 15's for Ambulances
- Mobile Telehealth unit in Ambulance
- Home Visits by Paramedics



# Targeted Outputs and Outcomes:

- Standardization of equipment
- Community outreach and education will increase the number of cerebrovascular and cardiovascular patients seen in our ER due to increased awareness of signs and symptoms.
- For the last two quarters 6 out of 14 patients were seen within the recommended <5 hour time period from "last known well".
- The goal is to increase in number of stroke patients seen in the emergency department from "last known well" time to ED, monitored quarterly.
- The goal is to increase the number of eligible stroke patients receiving t-pa within 3 hours of onset of symptoms. Monitored quarterly.

- Market Share
- Improved Fidelity

## Appling: Telehealth Budget: \$69,196

# Major Resources & Activities:

- WellCare, School System and Appling Collaboration and Cooperation
- HRSA Grant- A 3 Year Grant for approx. \$163,000/year that includes equipment, supplies, and technical fees.
- Telehealth rolling cart for inpatient and long-term care patient specialist visits.
- Identifying of specialist to assess and evaluate patients in our ICU and Med Surg Units as well as the Pavilion our 101 long-term care facility.





# Targeted Outputs and Outcomes:

- We will monitor # enrolled students & Faculty
- Monitor # of telehealth visits from schools, med/surg, ICU and Pavilion
- Monitor # of absentees for each school.

- Overall Financial Stabilization
- Market Share

# School Based Telehealth Clinic Providers

Josefina Abendan-Dubberly, M.D. Appling Pediatrics (Ages Newborn – 21 Years)



Melanie Young, FNP-C Appling Pediatrics (Ages 6 Months - 21 Years)



Truitt Boatright, M.D. Hometown Pediatrics (Ages Newborn - 21 Years)



Orlando Fernando, M.D. Appling Medical Group (Ages 13 & Up)



Evelyn Johnson, M.D. Appling Medical Group (Ages Newborn & Up)



Becky Clark, PA-C Appling Medical Group (Ages 4 Years & Up)





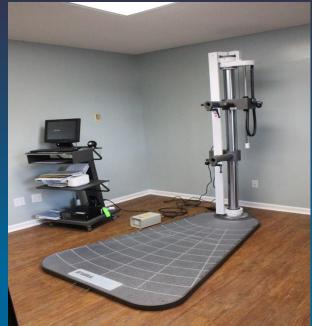


# Appling: Industrial/Occupational Medicine Budget:\$195,665

# Major Resources & Activities:

- Hired the Provider/Director over the clinic
- Hired a Business Development person for this new service line.
- "Onsite Prime Care" for business and Employees who does not seek treatment otherwise.
- Purchase of Functional Capacity Equipment (FCE)
- Development of Business Plan and Legal Forms
- Identified location of clinic
- Began the initial setup of the clinic







### Appling: Industrial/Occupational Medicine Budget:\$195,665



# Targeted Outputs and Outcomes:

- Contract with 10 business/industries within our service area.
- The number of employees who had improved health indicators as a result of getting convenient medical services.
- # of referral to AHCS.
- # of Functional Capacity Evaluations/screenings

- Financial Stabilization
- Market Share



### Appling: Trauma Level 4 Budget: \$5,000

# Major Resources & Activities:

- Obtain Level IV Trauma
   Designation
- Advance training for our EMS and Emergency Department staff

# Targeted Outputs and Outcomes:

- Assessing and trending patient satisfaction scores in the ER
- Increase in our ER utilization by attracting emergent care patients as the result of the trauma designation and community recognition.
- Reduction in outmigration of emergent
   patients

- Financial Stabilization
- Market Share



### Appling: Patient Care Management (PCM) Budget: \$171,845

# Major Resources & Activities:

- Identified a Care Coordinator from within our system
- Development of Policies and Procedures
- Identify patients for our program
- Identified local resources available.
- Home visits by Paramedics



# Targeted Outputs and Outcomes:

- Decrease ER utilization for non emergent visit of enrolled patients in our program.
- Monitor monthly the average medical costs associated with patients enrolled in our program. Decrease cost associated with acute care setting, while increasing the revenue associated with care provided in the outpatient setting.

- Access to Care
- Inappropriate ER Use
- Readmission Reduction

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Searched for Appling

#### Grappling with gun bill

GEORGIA HEADLINES @ April 23, 2014 0 Comments

Gov. Nathan Deal is expected Wednesday to sign a bill allowing guns in most government offices legislation that has some local and state officials worried. Read the full article: Macon Telegraph

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#### Appling: Vet gets new home

GEORGIA HEADLINES ② August 22, 2012 0 Comments

Army Sgt. 1st Class Sean Gittens, who ended up paralyzed after serving in Iraq, will be able to move freely through his new home. Read the full article: Augusta Chronicle

#### READ MORE



#### A remedy for rural hospitals: Treating patients away from the ER

FEATURE READER FAVORITES O October 20, 2015 1 Comment

Patients such as D.C. are known in health care circles as "frequent fliers," a term that has nothing to do with airline miles. D.C. (his initials), 62, has been to Appling Healthcare's emergency room in the South Georgia

town of Baxley several times this year with various ailments. He has...

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#### Feds want \$100 million back in Medicaid flap

THE PULSE Ø April 20, 2015 0 Comments

Federal officials want Georgia Medicaid to return more than \$100 million in payments made to nursing homes. The feds say these payments were not permitted under the program's regulations. The payments were made in fiscal years 2010 and 2011. But the Centers for Medicare and Medicaid Services also asked Georgia...

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21

### Appling: FQHC & PCMH Budget: \$48,064

# Major Resources & Activities:

- Purchase of Teleheatlh Equipment
- Consultation for PCMH certification
- Purchase and setup of "House of Care Clinic"

# Targeted Outputs and Outcomes:

- Number of Indigent Patients Served in the new Primary Care Setting and partnership with FQHC
- Number of Prenatal Visits
- Number of patients served by insurance to provide uninsured patients options they qualify for.

- Access to Care
- Potentially Preventable Hospital Stays



### Appling: FQHC & PCMH Cont'd

#### HEALTH FAIR Thursday, February 18th, 2016

#### For Clergy & Immediate Family Members

#### 8:00 AM – 12:00 PM @ Georgia Baptist Consolations House of Care Please call (912) 366-9991 for an appointment

Please be fasting, do not have anything to eat or drink for at least 8 to 12 hours before bloodwork.

#### Screenings Available

- Cholesterol Screening
- Blood Sugar Monitoring
- Blood Pressure Checks
- PSA Blood Screening for Men over the age of 40
- Stroke Screenings
- Head to Toe Physicals

- Sick Visits
- Vaccinations provided by the Health Department for a fee.
- Body Mass Index Screenings

#### Learn More Abou

- Injury Prevention
- Insurance Options: Medicare, Medicaid
   and Exchange Options

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Telehealth Services

#### Sponsored By:









A Special Thanks to all those involved for allowing Appling HealthCare System to be apart of this project.

24

Contact Information:

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