

UnitedHealthcare Announces Worksite Wellness Awards

Whether your worksite is just beginning a program or trying to sustain an existing program, UnitedHealthcare would like to provide resources to help you meet your goals.

- ▶ **Help your employees get healthy**
- ▶ **Participate in a UnitedHealthcare wellness initiative**
- ▶ **Encourage and have a minimum of 20% of employees¹ take a health assessment**
- ▶ **Receive a \$500 Wellness Award!***

Who is eligible to participate?

Any worksite that has at least 50 active employees covered under the SHBP plan is eligible to participate. A worksite may consist of a specific division within an agency at a given location or a specific school. Spouses and other dependents do not count towards the eligibility number.

Timeline & Next Steps:

- ▶ **No later than September 30, submit intent to participate to HealthyGA@uhc.com.** Include the state agency or school district affiliation, name and address of worksite, worksite representative name, phone number and e-mail address.
- ▶ **Beginning October 15, UnitedHealthcare will send an online application to those worksites that have achieved a 20% health assessment completion rate.**
- ▶ **The first 100 worksites that complete the online application will win one of the \$500 wellness awards** Please note that awards should be used to directly impact employees versus dependents, students or the general community members.

If you have any questions, please e-mail us at HealthyGA@uhc.com.

*Wellness Awards

The first 100 worksites that meet the criteria may choose one of wellness awards below:

- ▶ Wii Fit bundle package
- ▶ Up to 150 pedometers with walking tracker booklets
- ▶ \$500 in gym equipment to be purchased through UnitedHealthcare approved vendor
- ▶ \$500 towards a health & wellness library to include workout DVDs, cookbooks, food journals, CalorieKing books and other to be determine
- ▶ \$500 towards monthly fruit basket
- ▶ \$500 towards massage therapists
- ▶ \$500 in wellness/screening equipment including scale, blood pressure, body fat composition

Prizes subject to change based on availability.

¹ The 20% completion rate is determined based on (1) the total number of employees covered under the State Health Benefit Plan enrolled in one of the UnitedHealthcare plans (Choice, Choice Plus, HRA, or HDHP) and (2) the total number of these employees that complete the UnitedHealthcare health assessment from January 1, 2010 through December 31, 2010. Members must only complete the health assessment once during this time period to count towards the 20% completion rate.