# Child Mental Health Services

Presentation to Mental Health Commission February 26, 2008



### **DCH Mission**

#### ACCESS



Access
to affordable,
quality health
care in our
communities

#### RESPONSIBLE



Responsible
health planning
and use of
health care
resources

#### **HEALTHY**



Healthy
behaviors and
improved
health
outcomes



# DCH Initiatives FY 2007 and FY 2008

#### FY 2007

#### **Medicaid Transformation**

Integrity of our Programs & Safety Net

Consumerism

**Health Improvement & Resolving Disparities** 

**Uninsured: Community** 

**Solutions** 

#### FY 2008

#### **Medicaid Transformation**

**Health Care Consumerism** 

**Financial Integrity** 

**Health Improvement** 

Solutions for the Uninsured

**Medicaid Program Integrity** 

**Workforce Development** 

PeachCare for Kids<sup>™</sup> Program Stability

**SHBP Evolution** 

**Customer Service and Communication** 



### Overview of DCH

- Created in 1999, the Georgia Department of Community Health (DCH) is the lead planning agency for health issues in the state such as health care policy, purchasing and regulation
- The Department is responsible for:
  - Insuring over 2 million people:
    - Medicaid
    - State Health Benefit Plan
    - State Childrens' Health Insurance Program (PeachCare for Kids<sup>TM</sup>)
  - Maximizing the state's health care purchasing power
  - Planning coverage for uninsured Georgians
  - Coordinating health planning for state agencies



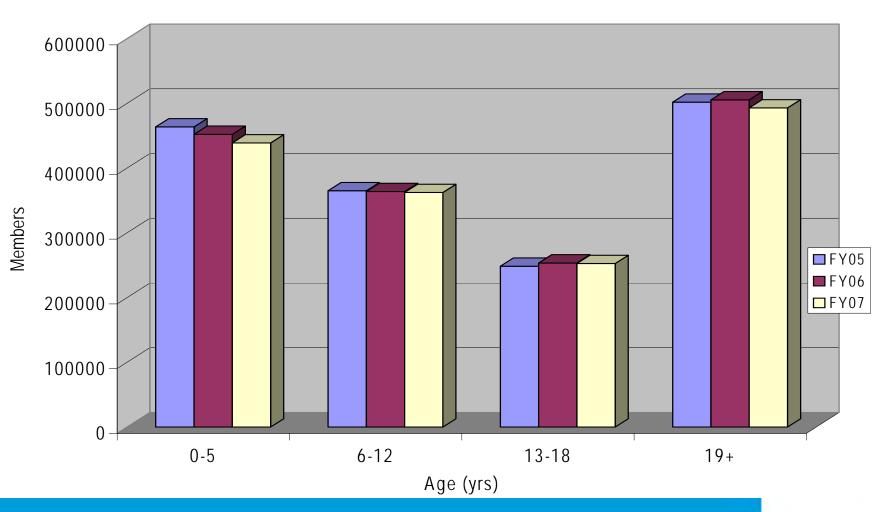
### Medicaid and PeachCare

- Medicaid
  - Aged, Blind, or Disabled
  - Low Income
  - Pregnant Women
  - Medically Needy
  - Dual Eligible (Medicare & Medicaid)
  - Refugees
  - Breast & Cervical Cancer
  - Nursing Home & Hospice Patients
- PeachCare for Kids™ Members





# Average Membership by Age





### Behavioral Health Services Covered

- Crisis Intervention
- Outpatient treatment
  - Assessment, individual, group, family, medication
- Community Support Services
- Intensive Family Intervention
- Psychological Testing
- Day Treatment
- Psychiatric Residential Treatment Facility (PRTF)
- Inpatient Hospitalization



# Early Periodic Screening, Diagnostic, and Treatment Services (EPSDT)

- Provides preventive health screening of Medicaid children up to 21, or PeachCare children up to 19.
- Screening to follow state periodicity schedule
  - Assessment of growth and development
  - Identify problems related to lead exposure, dental, vision, or hearing problems
- Requires coverage for treatment services necessary to correct or ameliorate a physical or mental illness.



### **EPSDT**

Screening (HealthCheck)

Health and developmental history

- Developmental screening
- Physical exam
- Immunizations
- Laboratory tests
- Lead screening
- Health education/anticipatory guidance





#### **EPSDT**

- Diagnostic & Treatment Services
  - Potential problems identified during a health screening are referred for further diagnosis and treatment
  - Treatment for services that are necessary to correct or ameliorate mental health conditions are covered under Medicaid





## Changes to System

- Implementation of Managed Care
  - Statewide implementation between June October 2006
  - Children in managed care include most low-income Medicaid and PeachCare recipients
  - Excludes children in foster care, Children's Medical Services, or under a waiver program
  - Coverage through one of three CMOs, or traditional Medicaid



# Eligibility by Program

- Managed Care
  - PeachCare for Kids
  - Low Income
  - Pregnant Women
  - Newborns of Medicaid
     Covered Women
  - Women with Breast or Cervical Cancer

- Fee for Service (FFS)
  - Aged, Blind, or Disabled
  - Dual Eligible
  - Supplemental Security
     Income (SSI)
  - Foster Care or Adoption
     Assistance
  - Children's Medical Service
  - Georgia Pediatric Program

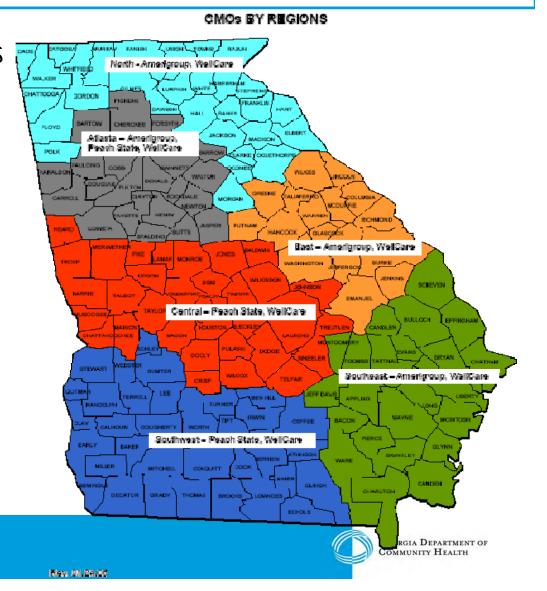


## **Geographic Organization**

- State divided into six regions
- Each region served by at least two CMOs

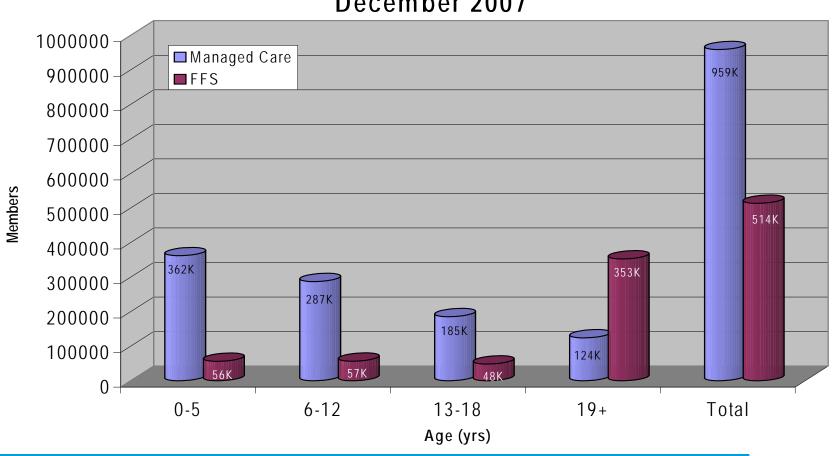
#### Behavioral Health Coverage

- Amerigroup
- Peach State Cenpatico
- Wellcare Magellan



## **Managed Care Distribution**

# Membership by Type of Coverage December 2007





## Changes to System

- Managed Care
  - Care management organizations (CMO) required to cover services in GA state plan
  - Expanded network to include independent licensed Master's therapists
  - Potential for increased access and greater integration with medical services
  - Challenges for maintaining continuity when eligibility changes



## Changes to System

- Level of Care (LOC) "Unbundling"
  - Effective in July 2007, in response to directives from Centers for Medicare & Medicaid Services (CMS) as to how Medicaid dollars could be spent.
  - Impacted children in residential care facilities and essentially separated payment for clinical treatment and room, board, and watchful oversight.
  - Medicaid dollars will only pay for unique episodes of clinical treatment.
  - Medicaid cannot pay for service components that are a integral part of another program (for example case worker visits with a foster child).



# Impact of System Changes

- Majority of Medicaid and PeachCare eligible children are covered through managed care entity.
- To expand access to care, Masters level therapists are covered.
- Medicaid only pays for clinical treatment services, not residential care;
  - PRTF facilities six in Georgia
  - Outpatient services associated with other residential facilities.



## **Behavioral Health Care Funding**

- Department of Family and Child Services (DFCS)custody children
  - The clinical treatment costs of DFCS custody children with Medicaid coverage are paid by Medicaid.
  - These children will be covered by traditional fee-forservice Medicaid. Children that were in a CMO prior to being placed in DFCS custody will be covered by the CMO for a transitional period (up to 38 days).



### Behavioral Health Care Funding

- Parental Custody Children
   The clinical treatment costs of parental custody children with Medicaid or PeachCare coverage are paid by Medicaid.
- The majority of these children will be enrolled in a CMO, unless their eligibility is through a waiver program or they are in Children's Medical Services or Georgia Pediatric Program.

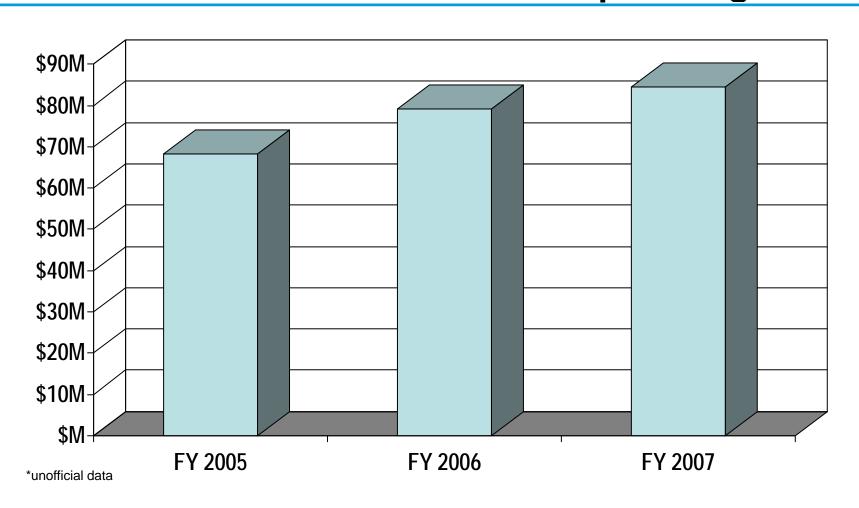


### **Behavioral Health Care Funding**

- Department of Juvenile Justice (DJJ) Children
  - DJJ children that are not incarcerated, with Medicaid or PeachCare coverage can have clinical treatment costs covered by Medicaid.
  - The majority of the children served by DJJ will likely be covered by a CMO, unless coverage is through a waiver program.
  - Once incarcerated in a juvenile correction facility, children are no longer eligible for continued Medicaid coverage.

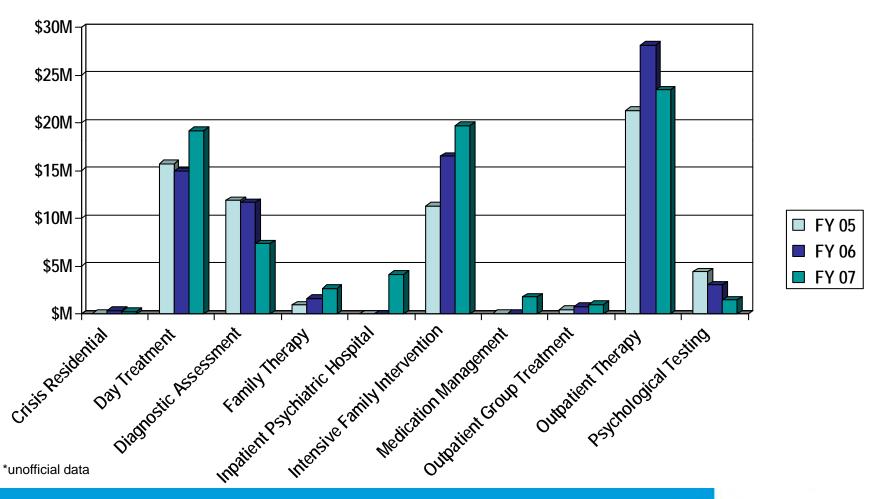


# Preliminary Data Trends in Mental Health Spending



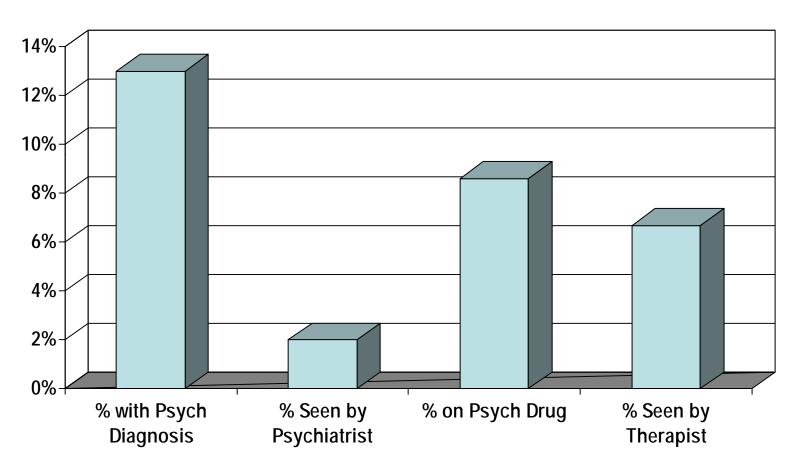


# Preliminary Data Trends in Mental Health Spending By Service





# Behavioral Health in Overall Population



\*includes both adults and children unofficial data



## **Opportunities**

- Improve communication/collaboration across multiple systems and payers
- Improve linkage between medical and mental health care system
- Provide resources to practitioners to assist in increasing the appropriate diagnosis and treatment of children in most appropriate setting

