Child Mental Health Services

Presentation to
Mental Health Commission
February 26, 2008

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DCH Mission

**ACCESS**

Access to affordable, quality health care in our communities

**RESPONSIBLE**

Responsible health planning and use of health care resources

**HEALTHY**

Healthy behaviors and improved health outcomes
DCH Initiatives
FY 2007 and FY 2008

**FY 2007**

**Medicaid Transformation**
- Integrity of our Programs & Safety Net
- Consumerism
- Health Improvement & Resolving Disparities
- Uninsured: Community Solutions

**FY 2008**

**Medicaid Transformation**
- Health Care Consumerism
- Financial Integrity
- Health Improvement
- Solutions for the Uninsured
- Medicaid Program Integrity
- Workforce Development
- PeachCare for Kids™ Program Stability
- SHBP Evolution
- Customer Service and Communication
Overview of DCH

- Created in 1999, the Georgia Department of Community Health (DCH) is the lead planning agency for health issues in the state such as health care policy, purchasing and regulation.
- The Department is responsible for:
  - Insuring over 2 million people:
    - Medicaid
    - State Health Benefit Plan
    - State Childrens’ Health Insurance Program (PeachCare for Kids™)
  - Maximizing the state’s health care purchasing power
  - Planning coverage for uninsured Georgians
  - Coordinating health planning for state agencies
Medicaid and PeachCare

• Medicaid
  – Aged, Blind, or Disabled
  – Low Income
  – Pregnant Women
  – Medically Needy
  – Dual Eligible (Medicare & Medicaid)
  – Refugees
  – Breast & Cervical Cancer
  – Nursing Home & Hospice Patients

• PeachCare for Kids™ Members
Average Membership by Age

<table>
<thead>
<tr>
<th>Age (yrs)</th>
<th>FY05</th>
<th>FY06</th>
<th>FY07</th>
</tr>
</thead>
<tbody>
<tr>
<td>0-5</td>
<td>400k</td>
<td>450k</td>
<td>500k</td>
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<tr>
<td>6-12</td>
<td>300k</td>
<td>350k</td>
<td>400k</td>
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<tr>
<td>13-18</td>
<td>200k</td>
<td>250k</td>
<td>300k</td>
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<tr>
<td>19+</td>
<td>500k</td>
<td>550k</td>
<td>600k</td>
</tr>
</tbody>
</table>

Note: The chart illustrates the average membership by age group for FY05, FY06, and FY07.
Behavioral Health Services Covered

- Crisis Intervention
- Outpatient treatment
  - Assessment, individual, group, family, medication
- Community Support Services
- Intensive Family Intervention
- Psychological Testing
- Day Treatment
- Psychiatric Residential Treatment Facility (PRTF)
- Inpatient Hospitalization
Early Periodic Screening, Diagnostic, and Treatment Services (EPSDT)

- Provides preventive health screening of Medicaid children up to 21, or PeachCare children up to 19.
- Screening to follow state periodicity schedule
  - Assessment of growth and development
  - Identify problems related to lead exposure, dental, vision, or hearing problems
- Requires coverage for treatment services necessary to correct or ameliorate a physical or mental illness.
EPSDT

• Screening (HealthCheck)
  – Health and developmental history
  – Developmental screening
  – Physical exam
  – Immunizations
  – Laboratory tests
  – Lead screening
  – Health education/anticipatory guidance
EPSDT

• Diagnostic & Treatment Services
  – Potential problems identified during a health screening are referred for further diagnosis and treatment
  – Treatment for services that are necessary to correct or ameliorate mental health conditions are covered under Medicaid
Changes to System

• **Implementation of Managed Care**
  - Statewide implementation between June – October 2006
  - Children in managed care include most low-income Medicaid and PeachCare recipients
  - Excludes children in foster care, Children’s Medical Services, or under a waiver program
  - Coverage through one of three CMOs, or traditional Medicaid
Eligibility by Program

• Managed Care
  – PeachCare for Kids
  – Low Income
  – Pregnant Women
  – Newborns of Medicaid Covered Women
  – Women with Breast or Cervical Cancer

• Fee for Service (FFS)
  – Aged, Blind, or Disabled
  – Dual Eligible
  – Supplemental Security Income (SSI)
  – Foster Care or Adoption Assistance
  – Children’s Medical Service
  – Georgia Pediatric Program
Geographic Organization

- State divided into six regions
- Each region served by at least two CMOs

Behavioral Health Coverage
- Amerigroup
- Peach State – Cenpatico
- Wellcare - Magellan
Managed Care Distribution

Membership by Type of Coverage
December 2007

- Managed Care
- FFS

<table>
<thead>
<tr>
<th>Age (yrs)</th>
<th>Managed Care</th>
<th>FFS</th>
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</thead>
<tbody>
<tr>
<td>0-5</td>
<td>362K</td>
<td>56K</td>
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<tr>
<td>6-12</td>
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<tr>
<td>19+</td>
<td>124K</td>
<td>353K</td>
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<tr>
<td>Total</td>
<td>959K</td>
<td>514K</td>
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Changes to System

• Managed Care
  – Care management organizations (CMO) required to cover services in GA state plan
  – Expanded network to include independent licensed Master’s therapists
  – Potential for increased access and greater integration with medical services
  – Challenges for maintaining continuity when eligibility changes
Changes to System

- Level of Care (LOC) “Unbundling”
  - Effective in July 2007, in response to directives from Centers for Medicare & Medicaid Services (CMS) as to how Medicaid dollars could be spent.
  - Impacted children in residential care facilities and essentially separated payment for clinical treatment and room, board, and watchful oversight.
  - Medicaid dollars will only pay for unique episodes of clinical treatment.
  - Medicaid cannot pay for service components that are a integral part of another program (for example case worker visits with a foster child).
Impact of System Changes

- Majority of Medicaid and PeachCare eligible children are covered through managed care entity.
- To expand access to care, Masters level therapists are covered.
- Medicaid only pays for clinical treatment services, not residential care;
  - PRTF facilities – six in Georgia
  - Outpatient services associated with other residential facilities.
Behavioral Health Care Funding

- **Department of Family and Child Services (DFCS)-custody children**
  - The clinical treatment costs of DFCS custody children with Medicaid coverage are paid by Medicaid.
  - These children will be covered by traditional fee-for-service Medicaid. Children that were in a CMO prior to being placed in DFCS custody will be covered by the CMO for a transitional period (up to 38 days).
Behavioral Health Care Funding

- Parental Custody Children
  The clinical treatment costs of parental custody children with Medicaid or PeachCare coverage are paid by Medicaid.

- The majority of these children will be enrolled in a CMO, unless their eligibility is through a waiver program or they are in Children’s Medical Services or Georgia Pediatric Program.
Behavioral Health Care Funding

- **Department of Juvenile Justice (DJJ) Children**
  - DJJ children that are not incarcerated, with Medicaid or PeachCare coverage can have clinical treatment costs covered by Medicaid.
  - The majority of the children served by DJJ will likely be covered by a CMO, unless coverage is through a waiver program.
  - Once incarcerated in a juvenile correction facility, children are no longer eligible for continued Medicaid coverage.
Preliminary Data
Trends in Mental Health Spending

*unofficial data
Preliminary Data
Trends in Mental Health Spending By Service

*unofficial data
Behavioral Health in Overall Population

- % with Psych Diagnosis: 14%
- % Seen by Psychiatrist: 2%
- % on Psych Drug: 8%
- % Seen by Therapist: 6%

*includes both adults and children
unofficial data
Opportunities

• Improve communication/collaboration across multiple systems and payers
• Improve linkage between medical and mental health care system
• Provide resources to practitioners to assist in increasing the appropriate diagnosis and treatment of children in most appropriate setting